

WELCOME TO OUR

# Monthly Newsletter



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#### **Important Dates**

1. Weekly Talk with Mohanji Every Sunday 2. Kriya Intensive 10<sup>th</sup> Sept – 14<sup>th</sup> Sept 25

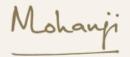




# Mohanji's Message

Whoever is connecting to me physically or metaphysically, I ensure that their life is more stable on some level, as much as they can receive or accept, but I make sure that they are more stable than before. So, when they look back, they will know that there is a drastic difference in their stability level before meeting Mohanji and after meeting Mohanji. And this needs purity of intention. If I intend, things should be good for others' lives, then you have no Karma connected to it; it means you are, your intention is pure automatically, it becomes pure action, pure action doesn't have residues.

So if you consistently deliver purity, in thoughts, words and in actions, you remain pure. That will become your immunity.







# A message from Acharya Board

This month we have seen a flurry of outcome-based engagements around the globe by our Acharyas. The focus of the outreach for the last two weeks of July was generic, which enabled our Acharyas to plan and reach out to various groups and communities around their cities. In August, the specific theme of the outreach was to engage 'Old Age homes' and 'Orphanages'. This outreach theme will be in focus for 2 months until the end of September.

As per Mohanji's instruction, we have launched the new weekly report to capture outreach activities and to report back on the events including the number of new locations and new people who were impacted across the globe. After seeing the 3 weeks summary report, Mohanji indicated that this looks positive.

More than 60% of our Acharyas have actively participated in the outreach activities and submitted the weekly report. Capturing this weekly data is very essential to understand the engagement and the positive impact created around many countries.

Starting from next edition, we will be mentioning few of the successful outreach activities accomplished by our Acharyas under a new section 'Monthly Highlights'.

We would like to express our heartfelt appreciation to all our Acharya team members who have created this new wave of harmony and higher awareness during this month. We are excited to share more real-life stories and information as this wave continues to grow week after week.

With love and light, Acharya Board



2025

#### Know your Acharya

#### KARINA, MOHANJI ACHARYA

All people have layers, interests and passions that might surprise even those who know them well. Here's a glimpse into some of the things that shape who I am, from my deep fascinations to my everyday joys.

If there's anything people are surprised to learn about me, then it's that I have a deep fascination for surgery. Sometimes I even enjoy watching surgical procedures. The human mind and body have always captivated me, and although I didn't pursue a medical career (which I once wanted deeply), my curiosity for how they work has never faded. Alongside this interest, I have a passion for languages. Spanish and Russian are my top most favorites, but I also love German language and I've recently come to like Malayalam. I have a love for animals, too, especially whales and sharks. Experiencing new places always excites me, as do subjects like political science, diplomacy, and the artistry behind film production and cinematography. I'm drawn to the details of how films are made, the power of visual storytelling, and the magic music brings to cinema. In sports, I love jogging, it fills me up with joy and I love the effect it leaves on the mind. My wish is to learn to surf, too.

Books are another quiet love of mine. I'm not someone who reads constantly, but when a story truly captures me, I dive in wholeheartedly. An interesting fact is that I learned to cook at a very young age and later attended culinary school. Veganism is a great passion of mine, it's a heartfelt commitment rooted in compassion for animals.

In daily life, I treasure simple pleasures like watching films with my family, listening to Spanish pop music (David Bisbal has been my favorite since I began studying the language), and exploring the beauty of Russian music and culture.

My love for films extends far beyond any one country, but recently, I've been enjoying Danish and Czech shows, Malayali films, and Indian cinema.

One personal quirk that really makes me me is that I often think in multiple languages at once. It's my way of keeping my language skills alive, even when I'm not actively practising. People also say I have a habit of being a little formal without meaning to, which I find funny.

If I were ever given a completely free day with no responsibilities, I would spend it by the ocean, watching and swimming with sharks, learning to surf, and admiring the grace of whales. I'd enjoy moments with family and friends, indulge in vegan ice cream, sing my favourite Spanish songs, and end the evening with a good film. I love all seasons, especially summer and winter.

Of all the turning points in my life, the most transformative has been meeting Mohanji. He helped me grow from an insecure, closed, and fearful person, someone who doubted herself, thought badly of herself and delayed everything, into a confident, fearless woman who loves life, people, and meaningful work. Since meeting him, I started living with joy and purpose. Choosing not to eat animals has been another one of the most meaningful and rewarding decisions of my life.

Life, to me, is a constant journey of learning and exploring – whether through people, locations, cultures, languages, nature, animals, or stories. I'm drawn to experiences that expand the heart and mind, and I try to greet each day with curiosity, gratitude, and a spark of light.



### Pulse Check

#### VIDYA IYENGAR, MOHANJI ACHARYA

I truly don't know where to begin. Saying "thank you" doesn't seem enough to express what Mohanji's presence and blessings have meant in my life. People often say, "When the going gets tough, the tough get going," but in my case, everything — even my breath — continues solely because of Mohanji.

Selfless service through ACT Foundation,his spiritual guidance, the daily sadhana, and the constant reminder to prioritize liberation above all else — none of this would have entered my life if not for him. The "baby food," as Mohanji lovingly calls it, has been nourishment for my soul.

His presence has profoundly shifted my attitude toward life. My awareness, perspective, lifestyle, and sense of responsibility toward nature and all beings on Earth have evolved greatly over the past 11 years of walking this path under his guidance.

As I continue to grow and learn each day, Mohanji and the path of Raja Yoga are steadily drawing me closer to dissolution. The journey hasn't been easy, but I now know with certainty — he won't let me fall. He is with me, watching, listening, and gently nudging me to realize, ultimately, that I am this supreme consciousness.

Mohanji is truly a gem of a Guru—his presence empowers every individual connected to him. This empowerment is not limited to the spiritual or mental realms; it extends to physical well-being and even material aspects of life.

He often says that the tradition of Dattatreya is one of abundance, and I've experienced this firsthand. Through his guidance and blessings, I was trained as an Acharya and became a Mai-Tri practitioner in 2019.

Adding value to society, spreading inner stability and silence through Mohanji's teachings, and experiencing his palpable metaphysical presence have had a deeply transformative impact on people's lives. I've witnessed this transformation grow across various communities and countries.

I fondly recall a moment in Sedona when I asked Mohanji to continue working through his platforms and his mission—to spread non-violence, compassion, kindness, stability, and peace—until my last breath. To this, Mohanji simply replied, "Tathastu" (So be it).









## **Monthly Highlights**



The No Hatred Campaign was initiated in August, with the intention of creating awareness, encouraging inner reflection, and inspiring collective action to dissolve hatred and replace it with love, compassion, and unity. The campaign was supported by daily/weekly messages, reflections, and community participation.

Community Sharing: Members shared personal stories, and reflections on dissolving hatred. Challenges: Weekly themes (Awareness of Inner Hatred, Dissolving Hatred, Cultivate Compassion, Living without Hatred).



#### Reach & Participation Metrics

Total Participants in WhatsApp Group: 158 New Members Joined During Campaign: 30 Daily Engagement Rate (avg. likes/replies/forwards): 10%

Number of Shared Reflections & Testimonials for the month: 30%



Acharyas Outreach - Mohanji Acharyas around the globe made a significant impact on reaching out to new communities and groups. Their focus was to create awareness of Mohanji's teachings and add value to society. Their outreach also involved reaching out to new cities/locations and creating peace and harmony through their engagements.



### Mohanji's video



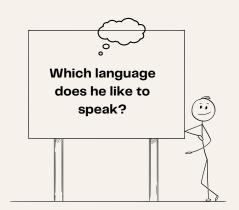
#### Adding Value To The World

This video brings awareness of Mohanji's mission in the world and the various platforms he created for the purpose of Adding Value to the World and living a life of Kindness, Compassion, and Selflessness.

# Here is the answer to the last question.



## <u>Do you know the answer</u> to this question?





Click here to find out where Mohanji is...



#### SACRED ECHOES BY MOHANJI ACHARYAS

### A message from the Newsletter Team

We hope you enjoyed this newsletter. One day, your inspiring story could be featured here too!

Any questions or suggestions, please get in touch with us. See you next month.

Lots of love, Cini, Moushumi and Pooja







