



NO.6

SACRED ECHOES

BY MOHANJI ACHARYAS

OCT 2025

WELCOME TO OUR

Monthly Newsletter

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Important Dates

1. Weekly Talk with Mohanji Every Sunday
2. Mohanji in London
3. Ocean of Silence (Mohanji in Mauritius)
4. The Power of Shirdi With Mohanji

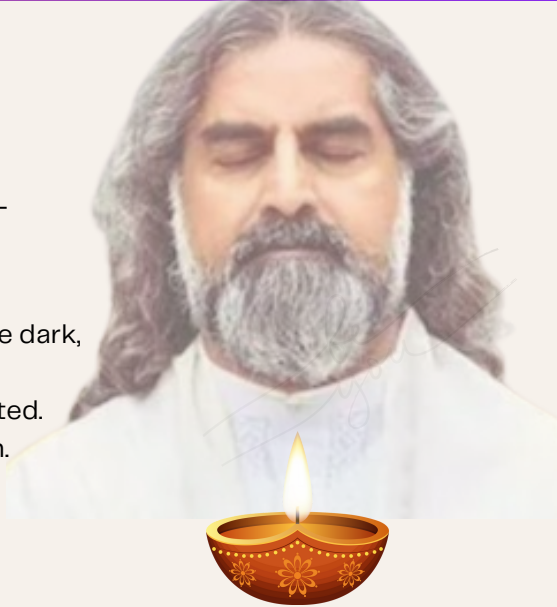


Mohanji
FOUNDATION

Mohanji's Message

You can choose what you want to be.

Brightness is the nature of your soul. Darkness is ignorance. When you are dark, all people get affected around you. Today, the world is really in darkness. Many people are confused in the world. They are completely sense-oriented. They are operating only from the level of eyes, nose, ears, tongue and skin. They are not operating from the level of awareness or even intelligence. Then basically you become an animal. Just eating, drinking, sleeping, and this becomes a pattern.



We must remember, individually and collectively, that we must make a difference in the world. It can only be possible through our life, through our lifestyle, and through our projection.

When we are emotional, judgmental, when we compete, when we are confused, then we are dark, and that affects other people. You can choose what you want to be. We are celebrating everything meaningful.

Let your brightness help all people around you.

Mohanji



A message from Acharya Board

The outreach themes for August and September 'Old Age home' and 'Orphanage' have been completed. The new outreach theme for October is 'Womanhood'. This theme offers a wider range of engagement opportunities for our Acharyas to raise awareness and to empower women across the globe. Empowering a single woman in a family can have a very positive domino effect within a community. We are looking forward to hearing many Acharya initiatives and outcomes on this theme.

The new campaign for October is 'Inner Victory'. This is a very powerful transformative topic and is gaining momentum everyday. We are seeing steady flow of new members joining the campaign and are hugely benefited from the weekly affirmations and reminders. If you are not already part of this campaign, we highly recommend you join this campaign and experience the transformations in your life.

We are excited to inform you that from batch-3 Apprentice Acharyas training, 14 trainees have completed their probation period. They are being certified and inducted into our pool of Acharyas and Apprentice Acharyas. Keep an eye out for the announcement regarding this.



Based on the weekly data from Acharya activities we are developing various reports to consolidate the impacts of our Acharyas. We have shared one of these reports under the 'Monthly Highlights' section of this newsletter.

The global Sai Satcharitra Parayana reading in Marathi on MF YouTube channels completed this week. The parayana was done four times and completed exactly on the auspicious Diwali day!

Wishing you all a very Happy Diwali!!!

MCB Insights

Scotland

Building Bridges of Compassion – The Vinery Connection

As part of our ongoing outreach efforts in and around MCB Scotland, we have recently connected with several local organisations dedicated to supporting their communities – especially individuals dealing with mental health challenges, addiction, and various disabilities.

One such organisation is The Vinery in Banff. After a few heartfelt meetings, Michelle – the Head Gardener and representative of The Vinery – kindly organised an event for us to meet their community, share about MCB (Mohanji Centre of Benevolence), the Mohanji Foundation, and our various global initiatives aimed at adding value to society.

On 20th September, we visited The Vinery and shared the story of MCB – how Mohanji Spaces around the world are nurturing peace, acceptance, and self-empowerment. Before concluding, we conducted a short healing meditation, which was received with great openness and emotion.

After the session, the group joined us at MCB Scotland for lunch and a tour of the space. The experience deeply touched everyone. Many expressed that, the moment they stepped out of their car and placed their feet on the ground, they instantly felt a shift in energy – a profound sense of peace and purity.

A few participants who had never even heard of Sai Baba were visibly moved upon entering the temple. They stood silently in meditation, their faces reflecting serenity and awe. One of them said,

“The moment I walked into this space, I felt all my heaviness lifting.”

Another young man shared something that touched us all:

“After coming here, I feel I can trust humanity again. My soul has found its home!”

We spent the rest of the day in satsang, they even joined me for the online recap session of the weekly talk, and engaging in heartfelt discussions. No one wanted to leave! Before they departed, I felt guided to present the “Power of Purity” book to the young man who had spoken earlier. He was moved to tears. He revealed that earlier in the day, while sitting in the other room, he had picked up the very same book from a pile and had been told about its significance. Quietly, he had wished for a copy – but hadn't said a word. And now, here it was in his hands. It was a beautiful confirmation that Mohanji had heard his unspoken wish and guided the moment perfectly.



A few days later, another group from The Vinery visited MCB. After exploring the temple and the surroundings, we had an empowering satsang and watched Mohanji's video together. The group was deeply inspired by the space, the teachings, and the practical techniques shared. They have now requested to bring their entire wellbeing group for a special session at MCB on 27th October, and many have already registered for the One-Day Healing Retreat on 25th October.

What's truly remarkable is that none of these visitors are of Indian origin, nor had they heard of Sai Baba or Mohanji before. Yet, they felt an instant connection – to the purity of the space, the sincerity of intention, and the universal message of love and compassion that flows through Mohanji's mission.

The friendship, the connection, and the sense of togetherness that emerged were natural and profound. What followed was immense joy, positivity, and a shared longing to experience more.

MCB Scotland is truly becoming a Centre of Benevolence – radiating peace, uplifting hearts, and quietly fulfilling its purpose of adding value to the community.

Many more beautiful collaborations await us on this path of service and love.

Jai Mohanji



Mohanji's video



Know your Acharya

HARISH THOTTUNGAL
MOHANJI ACHARYA

I feel deeply proud and blessed to be born into the Thottungal family in Palakkad, where respect, kindness, and righteousness form the very core of our upbringing. My childhood and student years were spent in Chennai, where I completed my graduation. Those years were filled with joy, laughter, and the warmth of close-knit family and friends.

Life then took me to Mumbai, where I pursued my Master's degree at IIT Bombay. Those formative years not only shaped my professional journey but also sowed the early seeds of selfless service. Even during my IIT days, I found great joy in volunteering—visiting slums, feeding the needy, and doing what little I could to help others. After completing my studies, I began my professional career in Mumbai, and soon after, my path led me to the United Kingdom as part of my work. I married Subhasree (also a Mohanji Acharya), and together we are blessed with two wonderful boys.

Professionally, I work in the field of mobile telecommunications—helping to provide mobile technology that connects people across the world. It's fulfilling to know that my work contributes to enabling communication, bringing people closer, and supporting the flow of information that shapes our modern lives.

Like many, the early years in England were focused on settling down—finding a good home, ensuring the best education for our children, enjoying social gatherings with friends, and keeping pace with the usual “rat race” of modern life. Life was filled with activity and achievement, but somewhere in between, the deeper questions of meaning began to arise.

Then came a profound turning point—the meeting with Mohanji. His presence and guidance began to transform my outlook on life completely.

Over time, I started to look inward and felt a strong urge to understand the true purpose of my existence. Life since then has taken on a deeper, more meaningful dimension. I have found new friends and kindred souls who resonate with the same frequency, and every action I take now carries a sense of purpose and awareness.

Outside my professional life, I am deeply involved in the activities of the Mohanji Foundation, which continue to enrich me immensely. Beyond that, I find simple joy in nurturing life around me—especially in feeding the many birds that visit my garden every day. This little practice has become a beautiful daily ritual for me, and I love sharing those moments on social media. My Instagram is now filled with short reels of my feathered friends joyfully feeding—it's my way of celebrating compassion, simplicity, and connection with nature.

Another quiet passion of mine is growing Tulsi plants. Despite the cold British weather, I enjoy nurturing them with care and distributing the young plants to friends who wish to have them in their homes. Watching them grow and spread brings me immense happiness—it feels like sharing a small piece of purity and devotion with others.



In the last couple of years, life has also taken me on journeys across the world—something I never consciously planned or sought. Yet, each journey has been a reminder that life unfolds in its own rhythm and takes us exactly where we are meant to be. These travels have deepened my sense of gratitude and wonder, showing me that the same divine presence flows through people and places everywhere.

Today, I embrace life as it comes—grateful, grounded, and ready to flow with whatever life brings, knowing that every experience carries meaning, grace, and divine orchestration. I continue to learn each day, to serve where I can, and to live with love and awareness, trusting that life's journey itself is the path to liberation.



[Click here to find out where Mohanji is...](#)

Here is the answer
to the last question.



Pulse Check

MADHUSUDAN RAJAGOPALAN
MOHANJI ACHARYA

Being a Mohanji Acharya is an incredible privilege. I was trained as an Acharya in October 2019, and I had started in my role as CEO from January 2019, so this was, for me, a kind of reaffirmation of commitment to the path and to Mohanji's mission at large.

Since then, through the Covid phase and beyond, I've had the opportunity to be part of so many initiatives – from helping our different global teams, to looking for lands for MCBs, to supporting their acquisition, helping with procuring murtis for our temples, being part of pranaprathishta ceremonies at MCBs, to facilitating our global summits and now as a Global Council member too, the list goes on!

There is both a feeling of comfort that one belongs here – things feel completely natural and not forced. As well as an immense feeling of fulfilment and contentment in being part of this platform and being able to contribute.

I might be giving my time and some skills to this platform, but I know that I am receiving far more from Mohanji and the Tradition. Firstly, a feeling of stability, coming from a level of awareness (that is hopefully growing over time!). Secondly, the sense of protection and security coming from the Grace factor – this is palpable; I can list so many examples where Mohanji's grace Mohanji has saved not just me, but also various members of my family.

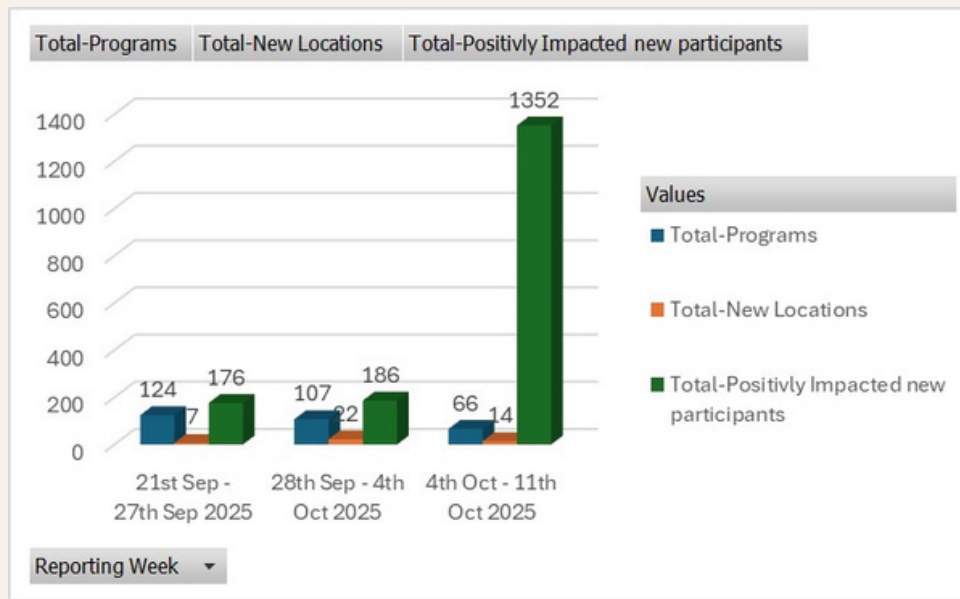
How does one even put a value on this? Thirdly, with the passage of time, a growing understanding that the highest goal to pursue is that of liberation, and there is no better route for me than to purify myself by holding on to Mohanji's coattails (or kurta tails 😊). I don't know what I did to deserve this opportunity, but now that it is here, holding onto it and making the most of it seem the most sensible things to do!

To reiterate, I have the faith that this path of serving as an Acharya is my golden ticket to achieving the highest level within this lifetime, And for this. I am incredibly grateful to Mohanji.

Jai Mohanji!



Monthly Highlights by Acharyas



Acharyas spreading Mohanji's Teachings

Asja Dupanovic

Our Mohanji Foundation volunteers in Bosnia and Herzegovina regularly visit senior care centers in Sarajevo. Together with our elderly friends, we meditate, walk consciously, dance consciously, chant mantras, breathe deeply, and practice Himalayan traditional yoga.

They tell us how much these moments mean to them – how relaxed, happy, and uplifted they feel after every visit. Their smiles and hugs remind us why we do what we do.



Arpana Nazare

The Sacred Silence Retreat @ Arunachala"

A few of us from different cities gathered @ Tiruvannamalai, the Sacred land of Shiva, for the Sacred Silence Retreat, to soak in the divine energies of the land. Ramana Maharshi once said, "If Kailasa is known as the abode of Shiva, Arunachala is Shiva Himself." Shiva is not merely present in Arunachala—He is manifested as Arunachala.



The day started with Introduction to Mohanji, followed by Conscious Gapless Breathing. We had many of them doing it for the first time, yet completed it effortlessly for a beautiful detox at mind, body and soul level. The evening was followed by meditations and Mohanji Energy Transfer. People soaked into the divine voice of Mohanji followed by intense cleansing.



A lot of our participants were extremely happy and grateful for this divine opportunity, and grateful to Mohanji for giving us this opportunity to come together at this divine place.



A message from the Newsletter Team

We hope you enjoyed this newsletter. One day, your inspiring story could be featured here too!

**Any questions or suggestions, please get in touch with us.
See you next month.**

**Lots of love,
Cini, Moushumi and Pooja**

