

Monthly Newsletter

ACHARYA BOARD

◆
29th June 2026



Mohanji's message

Those who use the spiritual path for achieving spiritual powers essentially for their own gratification or to prove to the world. They are the immature lot who would do anything to impress the world and, in a way, conquer the unsuspecting spiritualists. They are always alert. They plan, plot and even betray those who trust them with their life, as their aims are totally selfish. They are predatorial, aggressive, cunning, intelligent, (using their intelligence for conquests), skills of public display of their acquired powers, often trap entities through mantras and make them work for them and even use those entities to trap their clients or bring them to their knees and control their minds to create slaves. They are very dangerous people.

A true spiritual seeker should have extreme clarity as to what he or she is seeking, otherwise they could easily get trapped with such spiritualists and their sensation oriented methods.

Mohanji

In this newsletter
you can expect:

Mohanji's message

Acharya Board
Highlights

Know your Acharya:
Anusha Shivaram,
Mohanji Apprentice
Acharya

A video by Mohanji

Upcoming events

A message -
Newsletter team

Acharya Programs

Award to MF and ACT
Foundation UK





Acharya Board Highlights – Commitment and Collective Participation

The major highlight of this month was Mohanji's Zoom meeting with all Active Acharyas and Apprentice Acharyas. It was a powerful and timely session that brought much-needed clarity, direction, and renewed fire to move forward.

Mohanji's Call to Action: Move with Clarity, Responsibility and Fire

Mohanji's message was a strong reminder of the responsibility we carry as Acharyas and Apprentice Acharyas. Some of the key points from his guidance were:

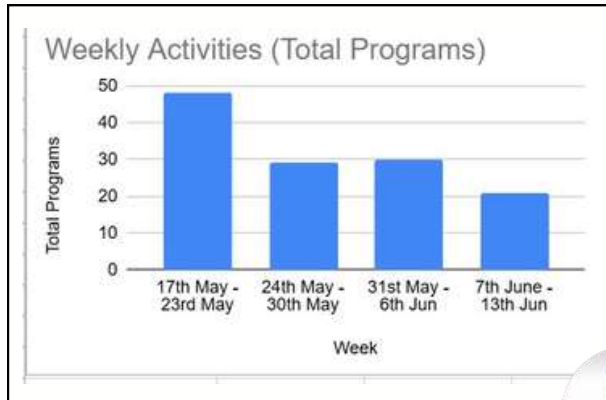
Being an Acharya is a responsibility, not just a title

We are here to live the teachings, represent the path with integrity, and carry Mohanji's message to people through our own example and action. For more details about the 4-week program, please contact the Acharya Board.

Move from intention to action
Good intentions are important, but they must translate into consistent action. This is the time to show up and move forward with commitment.

Create simple and regular local initiatives

We do not need to wait for large platforms only.



perfect conditions. Simple local activities can create a strong impact when done consistently.

Consistency creates impact

Even small steps, when taken regularly with purity and purpose, can touch lives and bring people closer to Mohanji's teachings.

Carry the fire forward

Mohanji's words gave us renewed clarity and energy. It is now our responsibility to carry that fire forward through sincere effort and meaningful action.

4-Week Connection & Engagement Journey

The *4-Week Connection & Engagement Journey* is now available as a training module to support Acharyas and Apprentice Acharyas in creating local outreach opportunities in a structured way.



Know your Acharya



Anusha Shivaram,
Mohanji Apprentice
Acharya

Hi everyone, I am Anusha and here is a little about me. If there are three things that instantly bring me joy, it is the quiet beauty of nature, traveling, and the simple comfort of chocolates. I have always had a massive sweet tooth! As a child, I was completely spoiled with love and would always ask my parents to buy me chocolates, so it is no surprise that today I am a huge, die-hard fan of chocolate cake. That lifelong love for sweets eventually led me straight into the kitchen. Today, I love baking - making cookies, cakes, and all kinds of treats just to experience the joy of feeding the people around me.

Whenever I feel like something is wrong or my mind gets heavy, leaving the four walls of my room and heading outdoors helps me relax instantly.

Nature is where I always find my safe space to breathe and reset.

Growing up, movement and music, along with art, were a big part of my life. As a kid, I used to absolutely love dancing to lively Bollywood songs, alongside learning the beautiful steps of Bharatnatyam.

While I love to stay active, I also really value spending time in total silence. It is my favourite way to relax and recharge. Otherwise, I am a natural explorer who loves to try new things. I love having long conversations with friends, especially the kind of talks that shift us into a positive mindset. I also like a good debate! My granddad once jokingly told me that I should have been a lawyer!

Because I love variety, being consistent can be a real struggle for me if things become monotonous or boring. When a routine feels the same every day, I find it quite difficult to commit to the work. However, I feel like I have improved slightly on this lately! To keep myself motivated and occupied, I just keep exploring fresh ideas, making sure life always stays exciting and full of discovery.





How to Manage your Time the Right Way?

We often feel we don't have enough time. But is time really the problem? In this satsang, Mohanji shares a simple yet powerful truth about time, presence, and how to live each moment with clarity and satisfaction.

Upcoming events

27 June 2026

Silence with Mohanji

[FIND OUT MORE](#)



28 June 2026

Weekly Satsang with Mohanji – Live Online Q&A Series

[FIND OUT MORE](#)



04 July 2026 - 05 July 2026

Happiness Festival With Mohanji 2026

[FIND OUT MORE](#)



15 July 2026 - 19 July 2026

Experience Bosnian Pyramids with Mohanji 2026

[FIND OUT MORE](#)



18 August 2026 - 02 September 2026

Kailash with Mohanji 2026

[FIND OUT MORE](#)



04 September 2026 - 07 September 2026

Muktinath with Mohanji 2026

[FIND OUT MORE](#)



Acharya Programs

Mumbai, India

Meeta Sahai

I wanted to do meditation for the staff of an educational institute. But when we went over there, 150 IT students turned up for the meditation. It was a very successful session. The students were very happy. Some of them even came for counselling.

8064 Spinach seed plantation at ISKCON (Watford, UK) Moushumi Patankar & ACT volunteers from Woodley

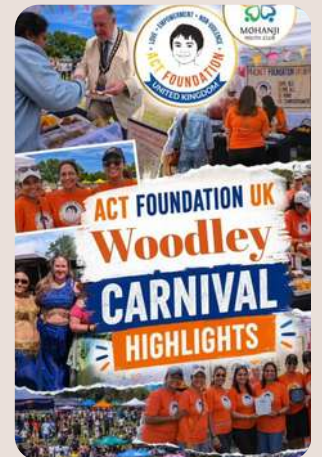
ACT volunteers recently visited Gokul Farm at ISKCON Watford for our monthly farming seva, which takes place on the first Saturday of every month. This time, six volunteers—including one youth volunteer—worked together to pot an incredible 8,064 spinach seeds! We are excited to watch them grow and contribute to the farm's future harvest. Our next visit is in July. If you're able to join us, we'd love to have you be part of this rewarding seva experience. 🙏🌱🌿



Woodley Summer Carnival (Woodley, UK)

Moushumi Patankar & ACT volunteers from Woodley

On Saturday, 13th June, a huge crowd attended the Woodley Carnival. Many people visited our ACT Foundation UK stall, spoke with us about possible future collaborations, and shared beautiful ideas on how we can expand our reach and serve more. Councillor Darren Smith, the Town Mayor of Woodley, also visited our stall, enjoyed the vegan food, and wished us well with our fundraising efforts. It was a fantastic day of outreach and a wonderful fundraising opportunity. All the food we prepared was sold out, and we raised more than £200 for our charity.



MCB Nonoti (Durban, South Africa) Yastheel Phalad

MCB Nonoti hosted its inaugural Sadhana Saturday, a deeply meaningful gathering uniting participants both in-person and online from across South Africa. The event was designed as a shared journey of self-connection, integrating body, mind, and spirit through Yoga, Meditation, and Aarti. Sadhana Saturday at MCB Nonoti marked the beginning of a meaningful journey, gently weaving together body (Yoga), mind (Meditation), and spirit (Aarti), and fostering a space of connection, reflection, and inner harmony.



**Inner Alchemy
Chennai, India**

Rekha Murali

Experiencing Mohanji is a Testimonial Team initiative conducted online. Authentic and transformational testimonials are shared by the author or a volunteer during discussions and questions. This is a live program on YouTube and Zoom simultaneously. 4 Episodes have been completed so far. Inner Alchemy is a counselling initiative for Women globally. Conducted by me every Monday, we have discussions on various topics that help us connect and share in an environment of confidentiality and friendship.

(Kolkata, India)

Sreyashi Chakraborty

An interactive 1 hour session was conducted on "Attracting and Retaining Abundance through Spirituality" at C-quel office Kolkata. This was the 2nd program in their office where the director of the company invited me to conduct the session. All 50 participants felt motivated and aligned on their journey after the session. Some of the spontaneous testimonials are included in the social media post.



(Dallas Texas USA)

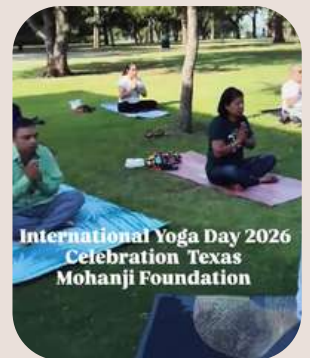
Nidhi Melag

International Yoga Day Celebration- chair yoga for senior citizens at Seniors center

(Dallas Texas USA)

Nidhi Melag

Hsty yoga session was conducted to celebrate International Yoga Day in Heritage Park, Flower Mound, Texas.



Woodley, UK

Moushumi Patankar

Essential Sadhana and a few Pranayama were conducted for participants. This session was beneficial, especially for those who are planning to go to Kailash



Kozina, Slovenia

Tina Kompare

On Saturday, June 6, 2026, a traditional Himalayan Yoga session for children aged 7 to 11 took place at Žaga Park in Kozina, Slovenia. Through a story-based approach, the children were guided through basic yoga poses, and the workshop also included a breathing exercise as well as a relaxation meditation at the end of the practice. After the yoga session, the children were very calm and said they would be happy to come again next time.



MF and ACT Foundation UK award

ACT Foundation UK and
Mohanji Foundation UK
at the British Parliament



In 2025, Mohanji visited King's College London and spoke about the challenges faced by many Indian international students studying in the UK. His message inspired us to take action and support students through a free meals programme.

With this vision, Mohanji Foundation UK and ACT Foundation UK partnered with INSA to launch the initiative in December 2025 at Queen Mary University of London. Since then, we have been serving meals to students, offering not only nourishment but also care, connection, and a sense of belonging away from home. We are delighted to announce that the programme will continue from September 2026 for the new academic year, enabling us to support even more students.

We were deeply honoured to receive this recognition at the British Parliament in the presence of distinguished guests, including the Right Honourable MP Barry Gardiner, Mr Kartik Pande (Deputy High Commissioner of India to the UK), Acharya Prashant, Lord Uday Nagaraju, and many other esteemed attendees.

